

Do you find yourself getting involved with people who have the same issues over and over? If so, what are					
	those issues? For example, men or women who cheat.				
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Thinking about your early life, are there people in your family of origin who experienced these or similar problems? For example, women who get involved with							
abusive men or men who drink too much. Write about							
the patterns from your family.							

Do you find that you repeatedly do things that create problems in your relationships? For example, flirting or						
cheating. Explain that below.						

Do you have unfinished business with old partners? For example, holding resentment toward your ex-								
girl/boyfriend. If so, write about it below.								

My Notes

My Notes
